



tbz Bulletin

VOLUME 94

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NUMBER 9

FREE AND OPEN TO THE PUBLIC!

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92YLive™ ((o))) From NYC



THURSDAY MAY 9 7:30 PM

PRE-RECORDED 4/14/13

**The Future of God:
The Merging of Science and Religion**

with Andrew Zolli & David Eagleman and Reza Aslan, moderator

THIS SERIES IS SPONSORED BY TEMPLE BETH ZION
with grants from EDUARDO & AMY HEUMANN, HOLLY & JORDAN LEVY,
TBZ SISTERHOOD, AND THE JEWISH FEDERATION OF GREATER BUFFALO

Free! No ticket required

All programs are held at the TBZ Broder Center 700 Sweet Home Road

**TBZ Sisterhood to Honor
Clareanne Silver as
Woman of the Year**



Sisterhood Shabbat

Friday, May 10, at 7 p.m.

805 Delaware Avenue

The entire community, including family and friends, is invited to celebrate with Sisterhood as we honor Clareanne. A special speaker from the Women for Reform Judaism will also join us.

See page 8 for more information.

Mitzvah Day: A New Way
Sunday, May 19

Temple Beth Zion • Westminster Presbyterian Church •
Islamic Society of the Niagara Frontier

See page 4 for all the details!

**JOIN THE PARTY
MAKE A DIFFERENCE**

June 6

GOLD & JEWELRY BUYBACK *party*

Enjoy hors d'oeuvres, cocktails and live music
during this unique event. For details, please visit

www.reedsjenss.com/tbz

TEMPLE BETH ZION



tbz
Letter from the President

Keeping the Reform In Reform Judaism

Let's face it – **change is never easy, and it is often not popular**, especially among those who do not see the benefit. Rabbi Richard Jacobs, our Union for Reform Judaism president, faces that challenge every day as he leads an almost heroic effort to change the culture, purpose and approach of this often underappreciated organization. Rabbi Jacobs describes himself as “a longtime and devoted creative change agent.” Watching this kind of **leadership and vision** unfold from the sidelines, for a person like me who makes a living helping organizations change and grow, is a bit frustrating, but I am using it as a learning experience. This is my first opportunity to share some of those learnings with the congregation.

My first take-away from the ongoing URJ process is that the organization is moving from the noun – Reform Judaism – to the verb form – to reform Judaism. Under Rabbi Jacobs' leadership, **the movement is taking a good long hard look at itself and being very honest in its assessment.** With all deserved respect to the previous leadership, the Reform Jewish movement has been surviving more on momentum than it has on substance. That doesn't mean that there haven't been valuable changes and additions in the past twenty years, but in each case they have been incremental steps. This time the URJ is making a big leap.

Major change is a risky move, which leads me to the second take-away: **The risk of doing nothing is greater than the risk of change.** Until recently, the URJ was not ready for a Rick Jacobs. He's out there telling it like it is and making some people a bit uncomfortable along the way. He carries a vision centered around the vitality of our youngest Reform Jews who see the Reform movement and wonder if it is relevant to them. To Rick, we either embrace them where they are or we lose them – and our movement – to history.

The third and final take-away is that **pluralism can be both friend and foe to the change process.** To quote Seth Godin, “The more choices, the more freedom; the more freedom, the harder it is to decide what to do next.” In the world of Orthodoxy the shades of gray are there, but they are more subtle. Thus the large number of Orthodox shuls. On the liberal end of the Jewish spectrum there are more choices – big choices – and a strong encouragement of innovation. More of us fit under that big tent leading to diversity and a more difficult time making choices.

Let's all congratulate TBaZY President **Jacqueline Oestreicher** on her election as president of the National Federation of Temple Youth's Northeast Lakes Region (NFTY-NEL). The region covers Northern Ohio, Erie (Pennsylvania), Western New York and all of Ontario (except for Windsor). Jackie has been an outstanding youth representative on our TBZ board and will do a great job as regional president.

B'Shalom
Kenneth Rogers

tbz General Information

AARON AND BERTHA BRODER CENTER FOR JEWISH EDUCATION
700 SWEET HOME ROAD BUFFALO, NEW YORK 14226
TEL 716.836.6565 FAX 716.831.1126
WEB www.tbz.org

SANCTUARY, CHAPEL, COFELD JUDAIC MUSEUM
805 DELAWARE AVENUE BUFFALO, NEW YORK 14209

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Voice Mail/E-mail Directory

For Emergency	x 4	
Current Events	x 6	
Rabbi Gary Pokras	x 138	rabbipokras@tbz.org
Rabbi Laurie Green	x 137	rabbigreen@tbz.org
Mark Criden (Executive Director)	x 135	criden@tbz.org
Susan Goldberg Schwartz		
(Director of Lifelong Learning)	x 131	education@tbz.org
Cantorial Intern Penny Myers	x 130	pennysmyers@tbz.org
Hannah Donner (Youth Advisor)	x 139	youth@tbz.org
Michael P. Burke (Organist)		
Edwin Feldman (Accounting)	x 133	tbzaccounting@tbz.org
Julie Feldman (Executive Assistant)	x 134	julie@tbz.org
Tina Taylor (Clergy Assistant)	x 132	tina@tbz.org
Linda Knaus (Education Assistant)	x 112	linda@tbz.org
Ann Marie Randall		
(Administrative Assistant)	x 111	annmarie@tbz.org
Becky Schiefer (Administrative Assistant)	x110	becky@tbz.org

Other Extensions

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Worship Opportunities

All worship services, except as noted,
are held at 805 Delaware Ave.

Torah study is held every Saturday at 9:15 a.m.

Thursday, May 2

Bar Mitzvah of Andrew Shine
Afternoon Service at Broder

10:30 a.m.
5:30 p.m.

Friday, May 3

Shabbat Halimud Service

7 p.m.

Birthday and Anniversary Blessings

Saturday, May 4

Shabbat Morning Service

10:30 a.m.

Bar Mitzvah of Michael Kaplan

Thursday, May 9

Afternoon Service at Broder

5:30 p.m.

Friday, May 10

Sisterhood Shabbat Evening Service

7 p.m.

Saturday, May 11

Shabbat Morning Service

10:30 a.m.

Bat Mitzvah of Catherine Angiers

Tuesday, May 14

Shavuot Evening / Confirmation Service

7 p.m.

Wednesday, May 15

Joint Shavuot / Yizkor Service

10:30 a.m.

Thursday, May 16

Afternoon Service at Broder

5:30 p.m.

Friday, May 17

Tot Shabbat at Broder

6 p.m.

Shabbat Evening Service at Broder

7 p.m.

Saturday, May 18

Shabbat Morning Service

10:30 a.m.

Thursday, May 23

Afternoon Service at Broder

5:30 p.m.

Friday, May 24

Shabbat Evening Service

7 p.m.

Honoring Military Personnel and Veterans

Saturday, May 26

Shabbat Morning Service

10:30 a.m.

Bar Mitzvah of Eric Schatz

Thursday, May 30

Afternoon Service at Broder

5:30 p.m.

Friday, May 31

Shabbat Evening Service

7p.m.

Institute of Liberal Jewish Studies Weekend

Guest Speaker: Professor Fred A. Lazin

Saturday, June 1 ILJS Weekend - No service or Torah Study at Temple Beth Zion. See page 5 for service location and additional information.



Letter from the Rabbi

'Angel Armies': Prayer, Passover, Poetry, and a Personal Story

As I pondered what should be my final teaching to TBZ, I knew I needed to write about my recent spiritual journey. I share this personal story because I hope that, as you read it, you will find meaning for yourself.

Congregants often ask me questions about prayer. Can I pray without Hebrew? What do you say during silent prayer? What if the words in the prayerbook don't speak to me? What am I supposed to feel?

For fifteen years I thought the solution was to do a better job teaching people "about prayer." So I taught lots of classes on Hebrew, liturgy, theology, and the history of the prayers. I thought that if only we understood where Barechu came from, we'd give it more meaning. I was wrong.

A year and a half ago, I joined a spirituality fellowship just for rabbis. So last summer I was at a retreat about tefilla (prayer). The presenter asked a room full of rabbis, "What is the goal of your tefilla?" Silence... We all had a tefilla practice, albeit of varying levels of regularity and tradition. Yet not one rabbi could articulate a goal without thinking for several minutes first. I realized how wrong I had been. Our problem is not a failure to teach "about prayer." It's a failure to teach people "how to pray." We've sent the message that prayer is reading the words in the book, learning the tunes, and knowing when to stand and sit. But all the Hebrew, history, and theology in the world won't teach us how to pray, and without a "goal" for our tefilla, how do we even know if it's working?

So I set some goals for myself, and embarked on a more regularly committed practice of tefilla, yoga, meditation, and text study. I naively expected to feel great. You'd think that much spirituality would make a person feel better, but instead I felt worse. Actually, at times I felt overwhelmed by anxiety, and I wasn't sleeping very well either. It lasted for months.

The source of my angst was a lot of things. Severe back pain, job hunting, moving, my mother getting sick. I could continue. It was a lot of different physical and emotional stressors at once.

Out of desperation, I set a big Passover "goal" for my spiritual practice - to feel redeemed. But I was disappointed. No matter how many tears I shed, I was still in Egypt. Passover came and went and I was still prostrating in front of the ark feeling stuck.

On the Wednesday after Passover ended I was driving and listening to some spiritual music when I was struck by a line in a particular song. I turned off the radio, kept singing the chorus, and without knowing it, starting singing new words to the same tune. That night, I wrote the only "song" I've ever written. I had eight verses that came from...my soul? When the muse disappeared, I grabbed a siddur for inspiration. When I stopped much later, I realized I had all the themes of a morning service, just out of order. So I reordered the verses and, without intending to, I started singing it three times a day. On Thursday, I felt awful.

Continued on page 9.

Mitzvah Day: A New Way

Sunday, May 19

Mitzvah Day 2013 brings two big and exciting changes. First, we will be offering opportunities to get involved throughout the year, because EVERY DAY should be MITZVAH DAY.

Second, on our traditional Mitzvah Day, Sunday, May 19, you will be able to choose between two different programs at different locations. Our regular Mitzvah Day will meet downtown and include many of the familiar projects. Please note that the location has been changed to Westminster Presbyterian Church, and the times are also different. Alternatively, families with children ages 4-13 may also choose to participate in family-only projects in Amherst at the Broder Center (700 Sweet Home Road) from 9 to 11:30 a.m. Families with children may join either Mitzvah Day location, but not both.

To register for the downtown Mitzvah Day, use the booklet you will receive in the mail. To register for the family programs in Amherst, contact the Broder Center at 836-6565. You can't go wrong with either one. Enjoy!

On behalf of the entire planning committee and our congregations, we thank you for helping make the world better through your participation in Mitzvah Day.

Blessings and Peace,

Sue Goldberg (TBZ), Michele Lash (TBZ),
Amber Shaikh (Islamic Society of the Niagara Frontier),
Mark Hall (Westminster), Sherrie Bernat (Westminster),
Laurel Braun (Westminster)

Schedule of Events for Downtown Mitzvah Day

Registration and Welcome, 10 a.m.

Westminster Presbyterian, Parish Hall, 724 Delaware Avenue

Mitzvah Day Projects, 10:30 a.m. - 12:30 p.m.

Check out specific projects and times in the brochure.

Lunch 12:30 p.m. - 1:30 p.m.

When you have finished your Mitzvah project, join us at Westminster Presbyterian Church for lunch. The meal will feature a *halal* lunch (foods that are allowed under Islamic dietary guidelines) with vegetarian options. Come and enjoy each other's company and relax together knowing we had a fabulous time!

Thank you for your interest in Mitzvah Day 2013.

Any questions? Please contact Tina at 836-6565, Ext. 132, or tina@tbz.org.

**Save the Date for
Temple Beth Zion's**

163rd Annual Meeting

**Friday, June 14
805 Delaware Avenue**

**6 p.m. meeting, followed by dinner.
Shabbat Service Honoring Rabbi Green
and Volunteers begins at 7:30 p.m.**



**Shavuot Evening Service/Confirmation
Tuesday, May 14, at 7 p.m.
805 Delaware Avenue**

**Joint Shavuot Morning/Yizkor Service
Wednesday, May 15, at 10:30 a.m.
805 Delaware Avenue**

Special Shabbat Service in Honor of Military Personnel and Veterans

**Friday, May 24, at 7 p.m.
805 Delaware Avenue**

Too often in our country, when Memorial Day comes, we take the time to picnic without considering the sacrifices that so many have made and continue to make in the service of our country. We cannot properly thank those who have given their lives, but we can honor those who serve and have served and now live as part of our community.

With this in mind, we will hold a special Shabbat Service to honor our military personnel and veterans. If you are or were in the service, we hope you will come so that we can offer you a special blessing, and if you are not, we hope you will come to express your appreciation as we thank those who live and remember those who are gone.



Summer Celebration at New Location!

Summer is just around the corner,
so mark your calendar for the

**Temple Beth Zion Summer Celebration
Monday, August 12
NEW LOCATION: TRANSIT VALLEY COUNTRY CLUB**

Set aside all or part of the day and plan to lunch, wine tour or golf, or just come for a delicious dinner and lively auctions. All proceeds from this event benefit all educational programming at TBZ.

Don't miss the premier social event of the summer!

All classes are free and open to the community.

Ezrat Nashim (Women's Study)

With Rabbi Green

Thursday, May 16, at 7 p.m. (offsite)

This is a wonderful opportunity for women of all ages and backgrounds to schmooze, nosh and talk a little Torah.

Talmud Study

Tuesdays, May 7, 14, 21 and 28, at Noon

805 Delaware Avenue

Bring your lunch and study with Rabbi Pokras and Rabbi Green.



On Friday, March 22, Congregation Beth Abraham and Temple Beth Zion joined forces in holding a musical Kabbalat Shabbat service in the historic CBA shul at 1073 Elmwood Avenue. Services were led by Rabbi Gary Pokras, Cantors Penny Myers and Irwin Gelman, with instrumental accompaniment by Marty Kerker and Simon Honig. This marked the fourth time the two synagogues have come together to welcome Shabbat in joyous song and celebration. A wonderful potluck dinner and "schnapps-fest" followed the service.



Family Promise in June

We are scheduled to assist at Family Promise one night during the week of June 21 - 28. Please consider helping out by preparing a basic dinner for a homeless family and spending part of the evening with them. This is ideal for families as the children enjoy playing games together and spending time together.

Family Promise finds homes for homeless families. Our mitzvah is to assist the family while they are in their temporary home at Crossroads Lutheran Church.

We really need your help. This is a wonderful opportunity for families to be together and do something truly gratifying. Please get in touch with me and let me know that you can help.

Sharon Winer, swiner4@gmail.com

Temple Offices

The Temple Beth Zion administrative offices will be closed Wednesday, May 15 and Monday, May 27.

Scholar-In-Residence Weekend

An inspiring weekend of study centered around modern Israeli issues.

May 31, June 1 and 2

Congregation Havurah, Temple Beth Zion and Congregation Shir Shalom, with support from the Institute of Liberal Jewish Studies, are please to announce a Scholar-In Residence Weekend.

Professor Fred A. Lazin is Professor of Israel Studies at American University, Visiting Scholar at Taub Center for Israel Studies and Hurst Family Professor of Local Government (Emeritus). Professor Lazin is American born and educated with a doctorate from University of Chicago.

Friday Night Service

May 31 at 7 p.m.

805 Delaware Avenue

"Religious Conflicts Among Israeli Jews"

Shabbat Morning Service

Dvar Torah followed by Shabbat Luncheon

June 1 at 10:30 a.m.

Congregation Havurah, 6320 Main Street, Williamsville

"Israel's Changing Collective Identity"

Sunday Morning Light Breakfast

June 2 at 9:30 a.m.

Congregation Shir Shalom, 4660 Sheridan Drive, Williamsville

Continuation of previous topics.

ILJS events are free and open to the public except for a small fee for Shabbat luncheon. Lunch reservations can be made by mailing a check for \$5, made out to ILJS, and sent to Congregation Shir Shalom, 4660 Sheridan Drive, Williamsville, NY 14221.

Baking Affinity

A very special thank-you to all who helped kick off our baking initiative. Having home-baked desserts for the third oneg of each month created a warm and welcoming start to Shabat. We will take the summer off and start up again in October. Thanks to Amy Friedman, Clareanne Silver, Debra Chernoff, Sari Kagan, Jodie Goldstein, Peggy Stone, Michelle Lash, Penny Myers, Ellen Weintraub, Julie Newberger, Nadine Ryback, Susan Ginsberg, Marcia Valente, and Sharon Meer (and her personal friend Betty Crocker) for their help.

Interested in helping? Call Laurie Criden at 208-6233 or email her at Laurie725@gmail.com.

Jewish Journal of Western New York

The first edition of the Jewish Journal of Western New York arrived in mailboxes in March. We hope that you are able to take the time to check out the activities of our local Jewish community. We offer our kudos and thanks to the Federation for making this wonderful project a reality. If you did not receive your copy, please contact Julie at the Temple office at 836-6565, Ext. 134.

If you are interested in sharing your simchas with the Jewish community, contact Cindy Oppenheimer at 783-9119, Ext. 2240, or coppenheimer@jewishjournalwny.com. There is a nominal charge to include your Mazel Tov wishes.

What New at PALS?



Handwriting Without Tears'

We have purchased the **Kindergarten Readiness and Writing** curriculum and have been using it with our Tziporim since we returned to school after break. This developmentally appropriate curriculum teaches letter writing and sound recognition, through the use of multisensory manipulatives, shapes, music and movement. Please check out their website for more information: <http://www.hwtears.com/gss/our-curriculum/readiness-and-writing>

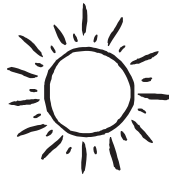
We will hold **two very special events in May** - A **PJ Party** to kickoff our **Student Art Show**, to be held on **Thursday, May 2, at 6:30 p.m.** and a special **Afternoon Tea**, honoring mothers, grandmothers and all special women in our lives, on **Friday afternoon, May 10.**

New and exciting plans for **Summer PALS** are being developed by this year's teachers – Melissa Milch Klein and Shira Goldberg! Weekly themes, outdoor activities and field trips highlight the summer camp program. For more information about this and other early education opportunities for children ages 2 – 5, please contact Susan Goldberg Schwartz, Director of Lifelong Learning at Temple Beth Zion, 836-6565 or education@tbz.org

SUMMER PALS

With Co-Directors

Melissa Milch-Klein and Shira Goldberg



- | | | |
|---------------|--------------------|--|
| Week 1 | 7/8 - 7/12 | "Camping Is Cool" |
| Week 2 | 7/15 - 7/19 | "All Creatures Creepy & Crawly" |
| Week 3 | 7/22 - 7/26 | "The Science of Summer Sweetness" |
| Week 4 | 7/29 - 8/2 | "Nature...Taking Care of Ourselves" |
| Week 5 | 8/5 - 8/9 | "Playing with PALS" |
| Week 6 | 8/12 - 8/16 | "Beach Party" |

For children Ages 3 - 5,
Monday/Wednesday/Friday, 9 a.m. -1 p.m.

**** For children - age 2 ****
Tuesday/Thursday, 9:30 - 11:30 a.m.
Weeks 5 & 6 only - no lunch

For questions and registration information,
please contact Linda, linda@tbz.org or 836-6565, Ext. 112.

Youth and Education

Shabbat Halimud ~ Teacher Recognition Shabbat

Friday, May 3

805 Delaware Avenue

Shabbat Service ~ 7 p.m.

Followed by a special oneg honoring our teachers!

B'nai Mitzvah Project of the Month

Michael Newberger's Mitzvah Project is a Movie Night Fundraiser to benefit FARE (Food Allergy Research and Education). On Thursday, May 9, Religious School students in grades 3 - 7 are invited to stay after school to watch *Cloudy With a Chance of Meatballs*. For just \$5, students will see the movie and enjoy pizza and a drink.

Stay for dinner, enjoy a movie with friends and help support FARE!

Tickets will be available before and after Religious School on Thursdays and Sundays.

Upcoming Events

- | | |
|--------|---|
| May 3 | Shabbat Halimud – Honoring our Teachers |
| May 17 | Tot Shabbat @ Broder |
| May 19 | MITZVAH DAY – a New Way! |

Play And Learn School

- | | |
|--------|------------------------------------|
| May 2 | PJ Party and Art Show opening |
| May 10 | Mother's Day Tea |
| May 15 | PALS closed - Shavuot |
| May 20 | Field Trip to the Kelkenberg Farms |
| May 27 | PALS Closed - Memorial Day |

RELIGIOUS SCHOOL

- | | |
|--------|--|
| May 5 | P.A.S.S. – Parents At Sunday School
Sunday Tots
5 th grade Mock Wedding |
| May 7 | Last day – Tuesday classes |
| May 9 | Last day – Thursday classes |
| May 12 | Mother's Day Flower Sale
P.A.S.S. – Parents At Sunday School |
| May 19 | Mitzvah Day @ Religious School |

**Watch for your 2013-2014
Religious School registration packets
in your mailboxes in June!**

TBaZY Has Full May Slate

March was very exciting for TBaZY! Jackie Oestreicher, our current local TBaZY President, was elected President of the entire NFTY-NEL Region! We are so excited for you, Jackie! Mazal Tov! In April, TBaZY sent 13 participants to NFTY-NEL's regional Spring Kallah Event, which is the region's largest event of the year! On the weekend of April 26 - 28, TBaZY participated in the YPS Reunion Weekend, helping at Friday night services and songleading at Havdallah.

TBaZY Jr held a very successful Mother and Daughter Spa Event on April 28.

May has a lot of exciting upcoming events:

Thursday, May 9: As part of his Mitzvah Project to help raise awareness and raise funds for Food Allergy Research and Education (FARE), Michael Newberger is showing the film, "Cloudy With a Chance of Meatballs". See page 6 for all the details. We hope that all 3rd - 7th graders will join Michael as he raises awareness for this great cause.

Sunday, May 19: TBaZY Mitzvah Day Project at Harbor Health.

Sunday, May 26: TBaZY Jr and families attend a Bisons game! Details on pricing will be available soon.

Wednesday, May 29: TBaZY elections for current youth group, followed by the Hello/Goodbye Picnic for all.

B'shalom,
Hannah Donner



Jacqueline Oestreicher Elected New NFTY-NEL President

We are extremely proud of and wish to congratulate Jacqueline Oestreicher on her election as President of North American Federation of Temple Youth - Northeast Lakes Region. Jackie is a smart and talented role model in our community and the region, and we are sure that she will make a wonderful President.



Flower Sale

Our Annual Mother's Day Flower Sale to benefit the TBZ Religious School will be held Sunday, May 12, from 9 a.m. to noon in the Broder Center parking lot. Thompson Brothers in Clarence Center will provide the nursery selection. We are happy to make available this year the brilliantly colored and sun-tolerant New Guinea Impatiens, which make a beautiful addition to any garden. Also, for your convenience, we will have \$10 gift certificates available...which make excellent gifts as well! Sales terms are "cash & carry" on Sunday. And if you used our pre-order/pre-pay form, you may pick up your orders then, as well.

Thank you for your support, and we'd like to wish all our wonderful moms a very Happy Mother's Day!



Michael Kaplan
Saturday, May 4

Son of: David & Mary Ellen Kaplan
Mitzvah Project: Violin and piano concerts for residents of Weinberg Campus



Catherine Angiers
Saturday, May 11

Daughter of: Chris & Michelle Angiers
Mitzvah Project: Amherst YES Program
Donating to: Hospice Foundation



Eric Schatz
Saturday, May 25

Son of: Bob & Heidi Schatz
Mitzvah Project: Letter writing campaign to soldiers through Bunkers for Baghdad

Mazel Tov

To Michael and Elizabeth Weingarten on the March 12 birth of their daughter, Joanna Leigh. Joanna's big brothers are Ethan and Aaron, and grandparents are Jim and Ann Grucella and Norm and Carole Weingarten.

To Michael Woldenberg, who is the recipient of the AAG Geomorphology Specialty Group 2013 Melvin G. Marcus Distinguished Career Award. The award is presented to an individual who has made significant contributions to geomorphology over his/her career. The citation, which is the highest honor awarded by the Specialty Group, was presented to Mike on April 12 at the AAG Meeting in Los Angeles.

Thank You

Many thanks to Laurie Criden and Sari Kagan, who co-chaired the Temple Beth Zion 19th Annual Second Seder, held on March 26 at the Westwood Country Club. The evening was an absolute success. Almost 200 people attended. Kudos also to the staff of Windows on the Green for preparing a delicious meal.



Clareanne Silver Is Woman of the Year

The Nancy J. Borins Woman of the Year, Clareanne Silver, will be honored during the Women of Reform Judaism, Sisterhood Sabbath and Installation Service on Friday, May 10.

An educator with multi-state certification who has taught for 30 years, Clareanne was deeply involved in the early School Reform process. She co-authored a "Master Plan for Implementing an Effective School Improvement Process," served on her District's Leadership Team, and as Education Association Representative. She received grants for developing "Flight for Achievement," an aeronautics program and "Audio Rich Language Learning," facilitating focus for challenged students. A Teacher of the Year finalist and Nominee for Who's Who in American Education, Clareanne received Tonawanda Outstanding Teacher and PTA "Apple" awards.

As Corresponding Secretary of the Board of Children's Growth Foundation, based at Children's Hospital, Clareanne chaired committees, presented at and coordinated conferences, developed membership brochures, acted as liaison to the NIH Pituitary Program, and served on the Cecele Dautch Memorial Endowment Fund Steering Committee. Her other community activities included PTA, Cub and Girl Scouts, and Beta Sigma Phi Sorority Chapter Recording Secretary. Within the Jewish Community, Clareanne has been a member of B'nai B'rith, Hadassah, Jewish Liberal Arts, Hillel, UJF's Super Sunday Hospitality Team, Yad B'Yad's Fundraising, developed "Friends at Home" pre-school program for the Minneapolis JCC, and assisted a Russian family resettle.

At Temple Beth Zion Clareanne was a member of the Board of Trustees, Officers Nominating Committee, Senior Rabbi Search Committee, Leadership Development Task Force, and the Accreditation Process for Religious School. In addition, this active lady has participated in numerous committees such as: Membership, Sesquicentennial Reunion, and Caring Community. Clareanne served on several of the original Mitzvah Day Leadership Teams and co-chaired Fundraising and Refreshments. She also hosted Chai Society events and co-chaired Alternate Services and Cultural Arts Events. Initiating the Women's Study Group, she served on its Steering Committee.

Serving as Sisterhood Co-President, Vice President, Corresponding Secretary and Board Member, Mrs. Silver has been active in a multitude of committees, was a delegate to conferences, and initiated, facilitated, or chaired many programs. After originating the theme for the WRJ Regional Conference, "Jewish Women Respond to Political Extremes," she was the closing speaker. A life member of Sisterhood, Clareanne was Co-Chair of the Rosh Chodesh Task Force and Chair of the 2007 cookbook; "From Generation to Generation." Clareanne's honors include: Girl Scouts Curved Bar, Golden Ayin, Jewelled Honor Pin, Kappa Delta Pi National Education Honor Society and English Honor Society memberships, B.S. Cum Laude, Beta Sigma Phi Chapter Woman of the Year, and now the Nancy J. Borins Award.

Please join us on May 10, as the congregation recognizes Clareanne and the volunteerism of the Women of Reform Judaism in Temple Beth Zion and the community.

The Temple Beth Zion Sylvia Morris Theater Bus Trips Presents 'Guys and Dolls'

Thursday, August 1

Festival Theater, Niagara-on-the-Lake

Open to the community!

The cost of the trip, including bus transportation, buffet lunch and the matinee, is \$140. Participants must bring either a passport or an enhanced license to cross the border.

If you have questions or would like to reserve, call Marilyn Schillroth at 832-4757.

Donors Buffet Brunch and Fashion Show

Sunday, June 9, at 11 a.m.

Westwood Country Club

772 North Forest Road

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Save the Date for the Annual Haven House Luncheon

Tuesday, July 2

Bring your friends and join us for an interesting speaker, a delicious lunch and our fabulous basket auction. All proceeds to benefit an educational scholarship for victims of domestic violence. Watch your mailbox and the June Bulletin for R.S.V.P. information.

If you have questions or would like help, contact Lynn Klein at 689-9207 or Mary Anne Clarke at 633-9190.

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Angel Armies': Prayer, Passover, Poetry, and a Personal Story

Continued from page 3.

On Friday, something happened. Is that what redemption feels like? It felt like coming up for air. I could breathe again, almost as if I came out the other end of the Red Sea.

As of this writing a week later, I'm still davenning my song two or three times a day. Maybe it will last a week, a month, a year. Someday it will get stale. When it does, that will be a bitter-sweet day, but I'll be on to the next stage of life's journey.

So I leave you with two things. First, my tips for your own prayer practice. And finally, a short excerpt of my "song." If you want the full text of the tefilla practice (including footnotes to the source text's proper page in *Mishkan Tefillah*), or just the complete passages I wrote myself, just contact Tina at 836-6565 or (tina@tbz.org) and she will send a copy. I'd be happy to share it.

Prayer Tips:

1. Get Personal – Forget about someone else's words and instructions. It seems self-indulgent but this is the topic to be selfish about.
2. Get Out of Your Head – We Jews are really intellectual, and that's great for everything other than spiritual practice. Find a way to get out of your head and into your heart.
3. Get Moving – Jewish prayer traditionally moves. Jews, Muslims, Hindus, Black Protestants and even many Catholics all move in prayer. So stand, sit, kneel, bow, mumble, sing, hike, ski, dance, fall on your face, stand on your head...just move. Unless you really try over and over and discover that moving doesn't work for you, in which case, get very still and silent.
4. Get Creative – The book is there as a guide. We Jews love our books. Just remember that every word in the book is there because someone else was creative.
5. Get Real – This is the moment when you don't have to pretend. You can't keep anything from God, and some things are meant only for God.
6. Lose Control – Trying to control it will kill it. When it doesn't happen (and it often won't), don't fight. When it does happen, don't try to keep it.
7. Let It Go – It's supposed to change because you're supposed to change. Rituals are comforting, but if you don't change them up, they get stale.
8. Practice makes better, not perfect – It is true that the more regularly you pray (or do any mitzvah) the easier and more meaningful it gets. It's also true that nobody does it right.
9. Be patient - In his poem, "The Rain Is Late, This Year,"¹ Yakov Azriel wrote, "In the arid winter of our lives,/Our souls are dry./The rain is late-/A promise made, but not fulfilled..." He concludes the poem with reference to Maimonides' line about the Messiah: "Although it tarries,/Nevertheless/I will wait/ Every day/ For it to come." - Try to enjoy the wait. I know it's hard. Just be patient with yourself, and with God too.

¹ Yakov Azriel, [Swimming in Moses' Well: Poems on Numbers](#).

*Redemption*² [©2013 Laurie Eichenbaum Green - excerpt]

Giver of Life, Source of All Being
It's all Your Divine Unity
You are the First, the Last, the Only
All that Was, Is, and Will Be

Oh God, how I crave your Glory³
But I know it cannot be
Shine Your countenance upon me
That someday Your Face I might see

Rabbi Laurie Green

² All divine metaphors are capitalized and none are original to me.

³ Verse based on Exodus 33:17-23. Thank you to our Torah study group for teaching me this. You have no idea how much your Torah means to me.

PALS Model Seder

Students of the Play And Learn School experienced a Seder meal together, including a visit from Moses (played by Rabbi Gary Pokras). The charoset was a hit, but the bitter herbs were not a favorite.



Annual Women's Intergenerational Seder

Held at the Broder Center March 17, the Women's Intergenerational Seder was a beautiful event. The service was led by Cantorial Intern Penny Myers, Susan Goldberg Schwartz and Sharon Jacobs. Below (left to right) are Clareanne Silver, Event Chair Ellen Capell, Laurie Criden and Sisterhood President Sharon Meer.



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In Appreciation of:

Ken Graber for the tour of the Temple, by First Presbyterian Church

Clergy, Staff & Chairs of the Second Annual Seder for a warm and wonderful evening, by Sam & Marie Levy Meyers

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Rabbi Laurie Green's service at the bris of our son Lev Herschel Gordon, by Joshua & Ilana Gordon

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Rabbi Gary Pokras, for the service for Miriam Ehrenreich, by her family

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Omission

We apologize for the omitting Harriet Ellis from the March 22 and 23 Yartzheit list. Harriet was a lifelong and treasured member of Temple Beth Zion.

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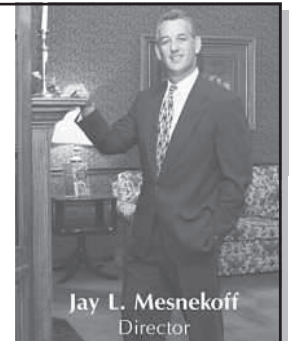
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Alfred H. Cohen	Celia Norman Malin
Estella G. Cohen	Marvin Morris
Harry S. Cohen	David Myers, MD
Rebecca G. Cohn	Frieda D. Risman
Julius Davis	Rose Rodman
Sidney Ehrenreich	Florence R. Rosen
Theodore Ellerstein	Geraldine W.
Rae Starsky Fink	Rosenberg
Edward Geranstein	Louise F. Ruslander
Dr. Lewis J. Greenky	Benjamin Seeman
Harvey E. Gumins	Harriett Shire
Emanuel Hirsch	Dorothy Tenenbaum
Rozanne Green	Charles Wallach
Isenberg	Bessie Weinberg
Maynard Jaffey	Ben Weller

May 24 and 25

Lawrence Arnold Allen	Benjamin L. Kulick
Mildred C. Bergman	Sol David Leisner
Reeva Roblin Block	Manfred Lewinnek
Lillian Carrel	Selma Michaels
Bernie Clement	Lewinnek
Joseph Cohen	Philip S. Lieberman
David J. Ehrenreich	Henry Lovitz
Dr. Julius Estray	Elizabeth Lutwack
Anna Fineberg	Sidney Main
Lillian B. Fisher	Estelle Meyer
Charles M. Fogel	Louis Newman
Jack Freudenthal	Marian M. Newman
Benjamin Gerson	Frank D. Pieri
Saul Glaser	Lillian Davis Rovall
Mary Glickstein	Harry J. Rubenstein
Samuel Goldman	Naomi Sarles
Samuel Goldstein	Sophie F. Simon
Lillian R. Greene	Isadore Soronson
Jeannette Wile	Dorothy R. Victor
Gunzburg	George Weintraub
Henry Gunzburger	Bertha Wertheimer
Helene Horwitz	Ronald William Winer
Ethel C. Ingrando	

May 10 and 11

Lester Block	Jay Levy
Alfred A. Bomberg	Jacob Lindenbaum
Anna Bookbinder	Arthur E. Lyon
Nancy J. Borins	Bertha P. Munsell
Sophie Burg	Sarah Pack
Doris Goldman Cohn	Dr. Mathew Podolin
Lucille Sherris Cole	Sadie Rabin
Gertrude R. Cristall	Irving Richmond
Benjamin Fingeret	Rebecca Thompson
Gertrude Fingold	Ritchie
Sidney Fleishman	Bella Maisel Rock
Dorothy C. Frankel	Joseph T. Rubenstein
Jacob Goldwater	Franklin Pollak Shaw
Aline Gunzberg	Rebecca Skerker
Anna Goldberg Harris	Harry T. Sklarsky
Lillian Hyams	Dr. Benjamin Smallen
Grant Edward Israel	Ethel K. Solender
Belle Kahn	Rae W. Weinberg
Anne Goldberg	Dr. Leonard Wolin
Kornhaber	Shirley Zemsky

May 31 and June 1

Arthur Ball	Saul Gutman
Dora Benderson	Tillie A. Horwitz
Victor Besso	Harry Kurzman
Louis R. Bluestein	Harry A. Laufer
Melburn L. Brizdle	Rebecca I. Levy
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Jeanette Farber	Sophie K. Treger
Max Goldberg	Mildred Wallens
Henry Goldstein	Dr. Paul L. Weinmann
Irene Goldstein	Daniel Ryan Wolfberg
Sarah Gutman	Julia Setel Wolfsohn

May 17 and 18

Dr. Israel Aaron	Margaret Ostfeld
Theodore Bergman	George M. Raikin
Lydia M. Block	Sue B. Rosen
Maxwell Brown	Jacob Rosenblatt
Celia Chick	David Rovall
Dr. Reuben Cohen	Israel Rumizen
Abe Cornblum	Lenore Rumizen
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Ida Rubenstein Maisel	Molly Bleichfeld
Lillian C. Miller	Weissfeld
Robert Blaine Mollot	Gertrude Silverberg
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Permanent Yahrzeit Memorials

have been established for:

Dr. Robert Krantz by the Treger - Honig Family
Jack H. Treger by the Treger - Honig Family
Abraham Honig by the Treger - Honig Family

We offer our condolences to the families of

Marilyn B. Stiller
 Hertha Ball
 Martin "Buddy" Rein